



WHILE THE NAMES OF EACH OF THE FOLLOWING PROFESSIONALS HAVE BEEN PROVIDED PURELY FOR PARENT INFORMATION, CRPA DOES NOT IN ANY WAY RECOMMEND OR ENDORSE THESE PROVIDERS. IT IS IMPORTANT TO CHECK THEIR REFERENCES, REVIEW THEIR CREDENTIALS, AND INTERVIEW THEM TO UNDERSTAND WHETHER THEIR SKILLS AND APPROACH ARE A GOOD FIT FOR YOUR CHILD.

## Recreational Services

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### JFS Project Ride

, MA

Phone: **(413) 737-2601**

email: **ProjectRIDE@jfswm.org**

Hampden County Office  
15 Lenox Street, Springfield, MA 01108  
(413) 737-2601 Fax: (413) 737-0323

Hampshire/Franklin County Office  
16 Armory Street, Northampton, MA 01060  
(413) 582-6790 Fax: (413) 582-6758

Berkshire County Office  
196 South Street, Pittsfield, MA 01201  
(413) 236-5735 Fax: (413) 236-5740

Project RIDE (Recreation, Independence, Development, and Equipment) is a program of Jewish Family Service of Western Massachusetts. Provide special needs children with modified tricycles and information about adaptive sports programs in Western Massachusetts. Emphasis is on the importance of recreational activities for special needs children and their families.

This program is for children 6 and older with special needs living in Western Massachusetts who would not normally have an opportunity to ride a bike. The child should be able to pedal and steer the tricycle independently. A letter of support from their Primary Care Physician is required for participation.

For more information, questions, or an application, call (413) 737-2601 or email Project RIDE.

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### **Martin Luther King, Jr. Community Center**

**P O Box 91026MS; 3 Rutland St.**

**Springfield, MA 01139**

Phone: **(413) 746-3655**

fax: **(413) 746-5646**

Information and referral, multicultural services and advocacy for children and youth with disabilities. Offers after-school programs, parent support group, and grandparents as parents support group. Runs inclusive after-school program for youth ages 6-22 that are DMR eligible.

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## Recreational Services

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**Bob Benquist**  
**Springfield College**  
**263 Alden St**  
**Springfield, MA 01109**

Phone: **(413) 748-3177**

Bikes and scooters

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**Beth Evens**  
**Springfield College**  
**263 Alden St.**  
**Springfield, MA 01109**

Phone: **(413) 748-3152**

swimming

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**STRIDE Adaptive Sports**  
**PO Box 778**  
**Rensselaer, NY 12144**

Phone: **(518) 598-1279**

fax: **(518) 286-3201**

email: **stride@capital.net**

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**The Woodland Inn**  
**1581 Varnum Avenue**  
**Lowell, MA 01854**

Phone: **(978) 454-4781**

fax: **(978) 454-0318**

email: **woodlandinn@lifelinks.ws**

Sponsored by LifeLinks.

A bed and breakfast environment for persons with developmental disabilities. Typical activities include sports, arts and crafts, guided nature hikes, bird watching, dinner theatre.

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## Recreational Services

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### Universal Access - DCR Region IV

PO Box 484

Amherst, MA 01004

Phone: (413) 545-5353

web: [www.mass.gov/dcr](http://www.mass.gov/dcr)

"Integrating People of All Abilities into State Parks"

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### Universal Access Program-MA Dept. of Conservation

P. O. Box 484

Amherst, MA 01002

Phone: (413) 545-5995

email: [mass.parks@state.ma.us](mailto:mass.parks@state.ma.us)

web: [www.mass.gov/dcr](http://www.mass.gov/dcr)

Provides outdoor recreation opportunities in Massachusetts state and urban parks for visitors of all abilities.

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### Whole Children, Inc.

8 River Dr.

Hadley, MA 01035

Phone: (413) 585-8010

email: [info@wholechildren.org](mailto:info@wholechildren.org)

[www.wholechildren.org](http://www.wholechildren.org)

Non-profit organization that offers recreational programs for after-school and Saturday programs for children with a variety of special needs, ages 2-16. Activities include yoga, music, woodworking, sports activities, Spanish, and open play.

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